

A large wooden wagon wheel is the central focus, positioned on the left side of the frame. The wheel is made of light-colored wood with several spokes. The background is a vast, arid desert landscape with sandy ground, sparse dry vegetation, and a clear sky. The overall color palette is warm and earthy, dominated by browns and tans.

**FAITH  
IN EVERY  
FOOTSTEP**

**TREK  
JOURNAL**

## Trek Itinerary - June 6-9, 2012

### Day 1: Trek 4 miles (Sixth Crossing)

5:30 AM	Depart for Sixth Crossing (5 1/2 hours)
11:00 AM	Arrive at Sixth Crossing / Set up camp/Lunch
1:00 PM	Trek Sweet Water Trail 1 (4 Miles)
5:00 PM	Dinner
6:00 PM	Pioneer games / Activities
7:00 PM	Square Dancing
8:00 PM	Family Home Evening / Ephraim Hanks Thisbe Read
10:00 PM	Lights Out

### Day 2: Trek 7 miles (Martin's Cove)

6:30 AM	Wake up / Eat breakfast / Pack lunch
8:00 AM	Depart for Martin's Cove (1 hour)
9:00 AM	Arrive at Martin's Cove / Orientation
10:30 AM	Trek Martin's Cove
11:15 AM	Cove talk at Dan Jones Cove
12:00 PM	Silent walk around Martin's Cove / Journals
1:30 PM	Lunch
2:00 PM	Trek to statues
2:15 PM	Statues
2:45 PM	Sweetwater River Crossing (reverent)
3:30 PM	Trek back to base
4:30 PM	Clean carts
5:00 PM	Depart for Sixth Crossing Camp (1 hour)
6:30 PM	Simple dinner in families / Personal time / Journals
8:00 PM	Devotional/Levi Savage
10:00 PM	Lights Out

### Day 3: Trek 6 miles (Sixth Crossing)

7:00 AM	Wake up / Eat breakfast / Pack lunch
9:00 AM	Trek Sweet Water Trail 2 (6 Miles)
	Vignettes / Share our pioneer stories / Men's Call out
	Women's Pull / Willie Account - Lunch
3:30 PM	Arrive at camp / Personal time / Journals
4:00 PM	Pioneer games / Activities
6:00 PM	Dinner
7:00 PM	Square Dancing
8:00 PM	Pioneer Express / Personal time / Journals
10:00 PM	Lights Out

### Day 4: Rock Creek Hollow

6:45 AM	Wake up / Eat breakfast / Pack lunch
7:30 AM	Pack up camp
9:00 AM	Depart to Rock Creek Hollow (1 1/2 hours)
10:30 AM	Arrive at Rock Creek Hollow/Reverent Tribute
11:00 AM	Testimony Meeting
12:30 PM	Lunch
1:00 PM	Depart for home (5 1/2 hours)
6:30 PM	Arrive at home



**Dear Youth:**

**Welcome to the 2012 Pioneer Trek. As you know each person between the ages of 12 and 18 was given the opportunity to have this experience.**

**Each of us had to make a choice to set aside the time and our other interests in order to be a part of this event. Congratulations on having the strength and faith to prepare for this awesome opportunity. We recognize that many have made huge personal sacrifices to be in attendance.**

**In pioneer times, President Brigham Young asked the members of the church across the world to leave the comforts of their homes and make the long grueling trip to the Salt Lake Valley. Many followed the prophet but for others it was asking too much. Over time, we have seen that for the most part those who followed the prophet were blessed eternally. There was also a positive impact on themselves, their children, and grandchildren for many generations. Many of you are direct descendants of these people. And so we see that the choices that we make will have a good or bad effect on our lives and on the lives of those who come after us.**

**You have chosen to attend this event and therefore are asked to ask Heavenly Father the following:**

- 1. To help you keep a positive and cooperative attitude.**
- 2. To help you understand what the Lord wants you to learn from this experience.**
- 3. That you can feel and understand His spirit like never before.**

**If you will do this, you will have an experience that will be life changing for you and your posterity. Please record these experiences and feelings in this journal so that you may have them when you need them.**

**May the Lord bless all of us over these next few days with the strength and faith to finish this journey that we have started.**



*“We cannot begin to understand the journeys made by those who laid the foundation of this dispensation until we understand their spiritual underpinnings. Once we make that connection, however, we will begin to see how their journeys parallel ours now. There are lessons for us in every footstep they took – lessons of love, courage, commitment, devotion, endurance, and, most of all, faith. Those 19th century pioneers to whom we pay special tribute never set out to be heroes, and yet they accomplished heroic things. That is what makes them Saints. They were a band of believers who tried to do the right things for the right reasons, ordinary men and women who were called on to perform an extraordinary work. At times, they gave in to their discouragement and allowed themselves to murmur and complain. But ultimately their faith in God and the man they sustained as their prophet and leader prevailed, and they righted their vision and attitudes along with their wagons. In the process they found joy amid the hardships and trials of the trek. No matter how difficult the trail, and regardless of how heavy our load, we can take comfort in knowing that others before us have borne life’s most grievous trials and tragedies by looking to heaven for peace, comfort and hopeful reassurance. We can know, as they knew, that God is our Father, that He cares about us individually and collectively,*



*and that as long as we continue to exercise our faith and trust in Him there is nothing to fear in the journey. Let us remember that the Savior is the Way, the Truth, and the Life, and there can be no greater promise than to know that if we are faithful and true, we will one day be safely encircled in the arms of His love. He is always there to give encouragement, to forgive, and to rescue. Therefore, as we exercise faith and are diligent in keeping the commandments, we have nothing to fear from the journey.”*

**- M. Russell Ballard**

*I have a desire to leave a record of those scenes and events through which I have passed, that my children, down to my latest posterity may read what their ancestors were willing to suffer, and did suffer, patiently for the Gospel’s sake. I also desire them to know that it was in obedience to the commandments of the true and living God, and with the assurance of an eternal reward -- an exaltation to eternal life in his kingdom -- that we suffered these things. I hope, too, that it will inspire my posterity with fortitude to stand firm and faithful to the truth and be willing to suffer, and sacrifice all things they may be required to pass through for the Kingdom of God’s sake”*

**- Elizabeth Horrocks Jackson Kingsford**



*"It was meant to be that life would be a challenge. To suffer some anxiety, some depression, some disappointment, even some failure is normal. Teach our members that if they have a good miserable day once in a while, or several in a row, to stand steady and face them. Things will straighten out. There is great purpose in our struggle in life"*

**- Boyd K. Packer**

**What are your biggest challenges? \_\_\_\_\_**

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**What are you doing to overcome them? \_\_\_\_\_**

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**How have you grown from overcoming them?**

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**P B O O T S E U L W I N T E R Y**  
**L E I A L P O K M A R T I N E A**  
**A F G B F U S Q U L Y T V I V U**  
**T G Z V S L L J L K A W T K I T**  
**T W H E E L W O E P P Q I H R U**  
**E P G F F E S A H O R S E S N M**  
**S U M M E R N W G B O N N E T N**  
**O S P R I N G N X O N M A Z P R**  
**Z H A N D C A R T X N N H E L O**  
**V S R E E N O I P E R C W J A M**  
**D S E F W B A O U N W I L L I E**  
**C A B R E E C H E S I Y N X N U**  
**B I D U B A H J R P R K A C S T**

**BOOTS**

**PUSH**

**WILLIE**

**BREECHES**

**RIVER**

**HANDCART**

**SUMMER**

**MARTIN**

**PLATTE**

**PULL**

**OXEN**

**PIONEERS**

**AUTUMN**

**APRON**

**PLAINS**

**WINTER**

**WAGON**

**BONNET**

**SPRING**

**HORSE**

**WHEEL**

**MULE**

**WALK**

*"... A religion that does not require the sacrifice of all things, never has power sufficient to produce the faith necessary unto life and salvation; ..."*

Joseph Smith, Jr.

What have you sacrificed to be here? \_\_\_\_\_

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June 8, 2012



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# As Zion's Youth in Latter Days

*Resolutely*  $\text{♩} = 88-104$

Chords: **G C F C Em Am**

1. As Zi - on's youth in lat - ter days, We stand with val - iant heart,  
 2. The truths and val - ues we em - brace Are mocked on ev - 'ry hand.  
 3. Thru test and trial we'll have our fears, But we will not de - spair.

Chords: **G C F C D G**

With prom - ise shin - ing in our eyes, Re - solved to do our part.  
 Yet as we lis - ten and o - bey We know we can with - stand  
 We're here to serve a righ - teous cause; Truth gives us strength to dare.

Chords: **F C F G**

Up - on a no - ble past we build; The fu - ture fills our view.  
 The e - vils that would weak - en us, The sin that would de - stroy.  
 We'll love, and learn, and o - ver - come; We'll sing a joy - ful song,

Chords: **C F C G C**

We face the chal - lenge of our day And pledge we will be true.  
 With faith, we hold the i - ron rod And find in this our joy.  
 As Zi - on's youth in lat - ter days, Tri - um - phant, pure, and strong.

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Text: Susan Evans McCloud, b. 1945. (c) 1985 IRI  
 Music: Irish melody, arr. (c) 1985 IRI  
 This music may be copied and downloaded for incidental, noncommercial church or home use.



# Put Your Shoulder to the Wheel

Energetically ♩ = 96-116

**G C G C F Am**

1. The world has need of will - ing men Who wear the work - er's seal.  
 2. The Church has need of help - ing hands, And hearts that know and feel.  
 3. Then don't stand id - ly look - ing on; The fight with sin is real.  
 4. Then work and watch and fight and pray With all your might and zeal.

**F C G G7**

Come, help the good work move a - long; Put your shoul - der to the wheel.  
 The work to do is here for you; Put your shoul - der to the wheel.  
 It will be long but must go on; Put your shoul - der to the wheel.  
 Push ev - 'ry wor - thy work a - long; Put your shoul - der to the wheel.

**C**

Put your shoul - der to the wheel; push a - long, push a - long

Do your du - ty with a heart full of song, full of song.

**F C G C F G C**

We all have work; let no one shirk. Put your shoul - der to the wheel.

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Text and music: Will L. Thompson, 1847-1909

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Unscramble the pioneer words below:

TAICRYH \_\_\_\_\_

HTIFA \_\_\_\_\_

EOHP \_\_\_\_\_

OLYYATL \_\_\_\_\_

NODEBEIEC \_\_\_\_\_

EFIARCCSI \_\_\_\_\_

VECEISR \_\_\_\_\_

NRGETIITY \_\_\_\_\_

RCAEDNNEU \_\_\_\_\_

GCARUEO \_\_\_\_\_

ITEINCADOD \_\_\_\_\_

AFMIYL \_\_\_\_\_

EIGRHAET \_\_\_\_\_

AUVIVRLS \_\_\_\_\_

VEOL \_\_\_\_\_

# Come, Come, Ye Saints

With conviction ♩ = 66-84

1. Come, come, ye Saints, no toil nor la - bor fear; But with joy  
 2. Why should we mourn or think our lot is hard? 'Tis not so;  
 3. We'll find the place which God for us pre - pared, Far a - way  
 4. And should we die be - fore our jour - ney's through, Hap - py day!

wend your way. Though hard to you this jour - ney may ap - pear,  
 all is right. Why should we think to eam a great re - ward  
 in the West, Where none shall come to hurt or make a - fraid;  
 All is well! We then are free from toil and sor - row, too;

Grace shall be as your day. 'Tis bet - ter far for  
 If we now shun the fight? Gird up your loins; fresh  
 There the Saints will be blessed. We'll make the air with  
 With the just we shall dwell! But if our lives are

us to strive Our use - less cares from us to drive; Do  
 cour - age take. Our God will nev - er us for - sake; And  
 mu - sic ring, Shout prais - es to our God and King; A -  
 spared a - gain To see the Saints their rest ob - tain, Oh,



this, and joy your hearts will swell- All is well! All is well!  
 soon we'll have this tale to tell- All is well! All is well!  
 bove the rest these words we'll tell- All is well! All is well!  
 how we'll make this cho - rus swell- All is well! All is well!

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Text: William Clayton, 1814-1879

Music: English folk song

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Take turns drawing one line at a time between the dots. If you complete a box with your line, put your initial in the box. When the board is full, the person with the most boxes full wins!



# There Is Sunshine in My Soul Today

*Joyfully* ♩ = 88-104

**G C G D G**

1. There is sun-shine in my soul to-day, More glo-ri-ous and bright  
 2. There is mu-sic in my soul to-day, A car-ol to my King,  
 3. There is spring-time in my soul to-day, For when the Lord is near,  
 4. There is glad-ness in my soul to-day, And hope and praise and love,

**C G A D**

Than glows in an-y earth-ly sky, For Je-sus is my light.  
 And Je-sus lis-ten-ing can hear The songs I can-not sing.  
 The dove of peace sings in my heart, The flow'rs of grace ap-pear.  
 For bless-ings which he gives me now, For joys "laid up" a-bove.

**G D D7**

Oh, there's sun-shine, bless-ed sun-shine When the peace-ful hap-py mo-ments roll.

**G C G D G**

When Je-sus shows his smil-ing face, There is sun-shine in the soul.

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Text: Eliza E. Hewitt, 1851-1920

Music: John R. Sweney, 1837-1899

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# As Sisters in Zion

(Women)

*Resolutely* ♩ = 88-108

**G D C G**

1. As sis-ters in Zi-on, we'll all work to-geth-er; The bless-ings of  
 2. The er-rand of an-gels is giv-en to wom-en; And this is a  
 3. How vast is our pur-pose, how broad is our mis-sion, If we but ful-

**Em C D G D**

God on our la-bors we'll seek. We'll build up his king-dom with  
 gift that, as sis-ters, we claim: To do what-so-ev-er is  
 fill it in spir-it and deed. Oh, naught but the Spir-it's di-

**Em Am G Em C D G**

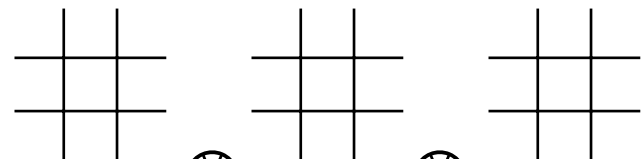
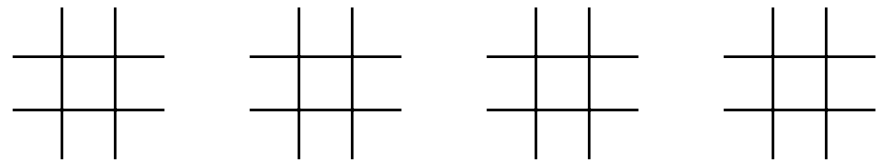
ear-nest en-deav-or; We'll com-fort the wea-ry and strength-en the weak.  
 gen-tle and hu-man, To cheer and to bless in hu-man-i-ty's name.  
 vin-est tu-i-tion Can give us the wis-dom to tru-ly suc-ceed.

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Text: Emily H. Woodmansee, 1836-1906

Music: Janice Kapp Perry, b. 1938. (c) 1985 IRI

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# Ye Elders of Israel

Boldly

♩ = 60-76

(Men)

**G**

1. Ye el - ders of Is - rael, come join now with me  
 2. The har - vest is great, and the la - b'ers are few;  
 3. We'll go to the poor, like our Cap - tain of old,

**D D7 G**

And seek out the righ - teous, wher - e'er they may be-  
 But if we're u - nit - ed, we all things can do.  
 And vis - it the wea - ry, the hun - gry, and cold;

In des - ert, on moun - tain, on land, or on sea-  
 We'll gath - er the wheat from the midst of the tares  
 We'll cheer up their hearts with the news that he bore

**D D7 G**

And bring them to Zi - on, the pure and the free.  
 And bring them from bond - age, from sor - rows and snares.  
 And point them to Zi - on and life ev - er - more.

O Bab - y - lon, O Bab - y - lon, we bid thee fare - well;

**D D7 G**

We're going to the moun - tains of E - phraim to dwell.

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Text: Cyrus H. Wheelock, 1813-1894

Music: Thomas H. Bayly, 1797-1839, adapted

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## Ukelele Chord Charts

Tuning: G C E A

Ukelele chord charts for D, D7, C, F, Em, G, G7, A, and Am.

## Guitar Chord Charts

Tuning: E A D G B E

Guitar chord charts for D, D7, C, F, Em, G, G7, A, and Am.





# I Am a Child of God

Fervently ♩ = 80-96

1. I am a child of God, And he has sent me here,  
 2. I am a child of God, And so my needs are great;  
 3. I am a child of God. Rich bless - ings are in store;

Has giv-en me an earth - ly home With par - ents kind and dear.  
 Help me to un - der - stand his words Be - fore it grows too late.  
 If I but learn to do his will I'll live with him once more.

Lead me, guide me, walk be - side me, Help me find the way.

Teach me all that I must do To live with him some - day.

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Text: Naomi W. Randall, 1908-2001. (c) 1957 IRI

Music: Mildred T. Pettit, 1895-1977. (c) 1957 IRI

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# The Handcart Song

Merrily ♩ = 80-88

(Conduct two beats to a measure.)

When pi - o - neers moved to the West, With cour - age strong they met the test. They

pushed their hand - carts all day long, And as they pushed they sang this song:

For some must push and some must pull, As we go march - ing up the hill;

So mer - ri - ly on our way we go Un - til we reach the Val - ley - o.

THE CHURCH OF  
**JESUS CHRIST**  
 OF LATTER-DAY SAINTS

Words: Original text by John Daniel Thompson McAllister, 1827-1910; new verse by Lucile Cardon Reading, 1909-1982

Music: John Daniel Thompson McAllister, 1827-1910. Arr. (c) 1989 IRI

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# Pioneer Children Sang As They Walked

Cheerfully ♩. = 60-72 (Conduct two beats to a measure.)

**G C G Am D Am D**

Pi - o - neer chil - dren sang as they walked and walked and walked and walked.

**G Am G D G D G**

Pi - o - neer chil - dren sang as they walked and walked and walked and walked.

**G C G D Em Am G D**

They washed at streams and worked and played. Sun - days they camped and read and prayed.

**G C G Am D Am D G**

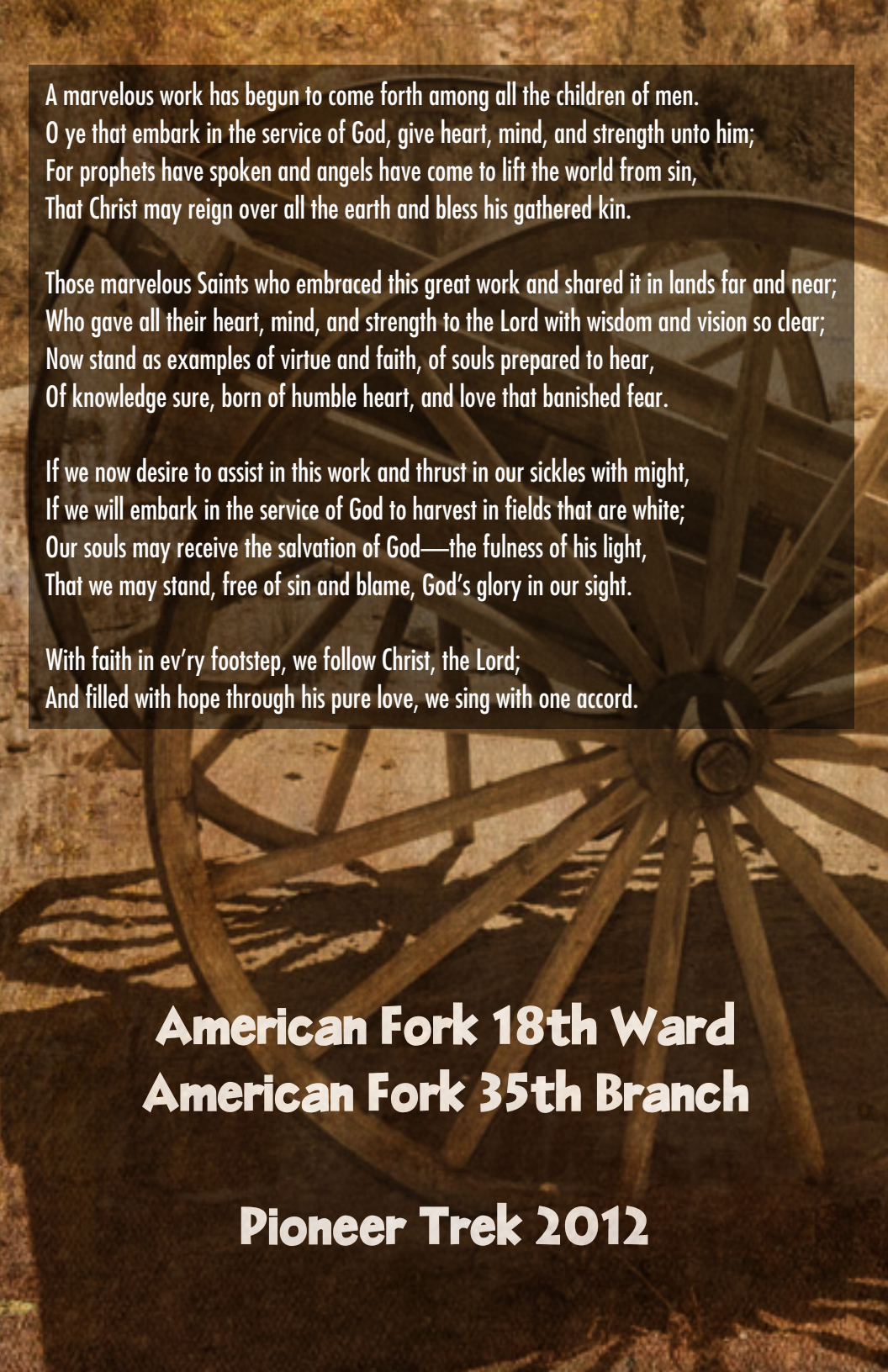
Week af - ter week, they sang as they walked and walked and walked and walked and walked.

THE CHURCH OF  
JESUS CHRIST  
OF LATTER-DAY SAINTS

Words and music: Elizabeth Fetzner Bates, 1909-1999. (c) 1957 IRI

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A marvelous work has begun to come forth among all the children of men.  
O ye that embark in the service of God, give heart, mind, and strength unto him;  
For prophets have spoken and angels have come to lift the world from sin,  
That Christ may reign over all the earth and bless his gathered kin.

Those marvelous Saints who embraced this great work and shared it in lands far and near;  
Who gave all their heart, mind, and strength to the Lord with wisdom and vision so clear;  
Now stand as examples of virtue and faith, of souls prepared to hear,  
Of knowledge sure, born of humble heart, and love that banished fear.

If we now desire to assist in this work and thrust in our sickles with might,  
If we will embark in the service of God to harvest in fields that are white;  
Our souls may receive the salvation of God—the fulness of his light,  
That we may stand, free of sin and blame, God's glory in our sight.

With faith in ev'ry footstep, we follow Christ, the Lord;  
And filled with hope through his pure love, we sing with one accord.

**American Fork 18th Ward  
American Fork 35th Branch**

**Pioneer Trek 2012**